

## BE PART OF THE COMMUTING SOLUTION

**Save Money • Ease Traffic • Reduce Emissions**

Carleton University has teamed up with Commute Ontario to offer its faculty, staff and students with sustainable commuting programs for an easier, healthier, and more enjoyable commute. Access all your sustainable commuting programs at

[commuteontario.ca/carleton](http://commuteontario.ca/carleton)



### **Carpool Ontario**

A state-of-the-art online ride-matching tool that helps users find people to carpool with. Find your carpool partner by registering a FREE online account today at [carleton.carpoolontario.ca](http://carleton.carpoolontario.ca)  
Active users are automatically entered into a monthly prize draw.



### **Active Switch**

Users can set goals and track their person powered transportation and recreation activities, including walking, cycling and more. Tracking activity is flexible and can be entered in steps, distance or time. Logging activity automatically enters users into a monthly prize draw! Register a free online account today at [activeswitch.ca/campus](http://activeswitch.ca/campus)



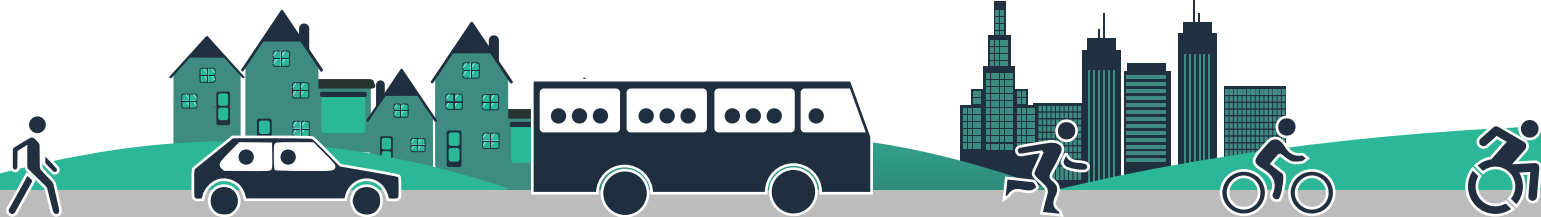
### **Emergency Ride Home Program (ERH)**

Fear being stranded at work in case of a personal emergency or unexpected overtime? Simply arrange your own ride home via taxi, rental car or public transit and submit your ERH claim at [commuteontario.ca/carleton](http://commuteontario.ca/carleton)  
Commute Ontario will cover the cost up to a maximum of \$75 per ride. Restrictions apply.  
*\*Only applicable to faculty or staff.*



### **Year-round Events & Promotions**

Watch for exciting year-round events & promotions to participate in such as Carpool Month, Bike Month Ontario, Transit Month Ontario, Walktober and much more!



### **Questions?**

If you have any questions, please contact [info@commuteontario.ca](mailto:info@commuteontario.ca)



### **Join Our Mailing List**

Subscribe to Commute Ontario's mailing list for program updates and information about upcoming events & promotions at [commuteontario.ca/maillinglist](http://commuteontario.ca/maillinglist)