

WALKTOBER MONTH

OCT. 1 – 31, 2018

**active
switch**
A PROGRAM OF SUSTAINMOBILITY

THE MORE YOU WALK, THE MORE YOU CAN WIN!



LOG
30,000
STEPS



LOG
50,000
STEPS



LOG
80,000
STEPS



LOG
100,000
STEPS

LOG YOUR WALKING TRIPS TO EARN ALL 4 MEDALS
FOR A CHANCE TO WIN ALL 4 PRIZES

activeswitch.ca/workplace

Funded by



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