

OCT. 1 – 31, 2018

# WALKTOBER MONTH

## THE MORE YOU WALK, THE MORE YOU CAN WIN!



LOG  
30,000  
STEPS



LOG  
50,000  
STEPS



LOG  
80,000  
STEPS



LOG  
100,000  
STEPS

LOG YOUR WALKING TRIPS TO EARN ALL 4 MEDALS FOR A CHANCE TO WIN ALL 4 PRIZES

[activeswitch.ca/workplace](https://activeswitch.ca/workplace)